

## Breakfast

served until 1pm

**The skinny €2.90**  
Sausage, bacon, fried egg, beans and grilled tomato served with English sliced toast.

**Rise and shine €4.90**  
2 sausage, 2 bacon, 2 fried eggs, hash brown, beans, mushrooms and grilled tomato served with English sliced toast

**The top of the morning 5.90**  
2 sausage, 2 bacon, 2 fried eggs, black & white pudding, beans, mushrooms and grilled tomato served with homemade Irish soda bread

**Veg out €3.50**  
Vegetarian sausage, fried egg, hash brown, beans, mushrooms & grilled tomato with English sliced toast

**Fit as a fiddle. €3.50**  
Muesli and milk served with fresh seasonal fruits.

## Light bites

served until 5pm

(Add chips for €2.00)  
**Build your own pan cooked 3 egg omelette, choose any 3 ingredients for €4.90,**

**INGREDIENTS** - cheddar cheese, bacon, ham, mushrooms, jalapeños, bell peppers, onion, Tomato, sausage, feta cheese, chicken, pineapple or sweetcorn

## Wraps

**Vegetable €3,50**  
sautéed courgette, green and red bell peppers smothered in melted mozzarella

**Chicken €4.50**  
tender chicken breast tossed in Caesar dressing and parmesan cheese with crispy fresh lettuce

**BLT €4.50**  
streaky bacon tossed in mayonnaise with crispy fresh lettuce, tomato and red onion

**Tuna €4.50**  
Tuna mayonnaise with crispy fresh lettuce, tomato, sweet corn and red onion

## Soups & salads

**Hearty Vegetable soup €4.50**  
served with your choice of Irish soda bread or a crusty bread roll & butter

**Tuna, tomato and onion salad €4.50**

**Tomato, basil & Mozarella salad €4.50**

**Mixed salad bowl €5.50**  
mixed fresh leafy greens, tomato, red & green bell peppers, red onion, sweet corn and grated carrot

**Greek salad €5.90**  
mixed leafy greens, tomato, cucumber, green bell pepper, feta cheese, red onion, & black olives



## Starters

**Pizza garlic bread €2.90**  
With cheese €3.50

**Nachos €5.90**  
crisp tortilla chips layered with melted cheese and piled high with salsa, sour cream and guacamole.

**Irish style spring rolls €4.90**  
Crispy filo pastry rolls filled with the best Irish ingredients, bacon, shredded cabbage, potato and onion, served with mustard mayonnaise and 'The good old days' Relish

**Prawns in Garlic €6.90**

**Serrano ham & Melon €6.90**

**Cheesy chicken fritters €4.90**  
Tender chicken breast with dill, fresh mozzarella and Parmesan

**Tasty Vegetable fritters €4.50**  
Shredded Courgette, feta cheese, carrot and red bell pepper

**Healthy Tuna stuffed Avocado €7.90**  
Avocado stuffed with a flavorful mixture of Jalapeños & coriander



PUERTO DEL CARMEN . LANZAROTE

## KITCHEN MENU

Local Sales tax 7% included

## Main Course

**Honey glazed succulent skewer kebabs, your choice of: Chicken €9.90 Beef €10.90 or Vegetable €8.90**  
served with chips, rice and salad

**Sizzling Fajitas - your choice of Chicken €9.90 or Beef €10.90**  
served with sautéed onions, red & green bell peppers, warm tortillas, rice, guacamole, salsa & sour cream

**Sirloin steak cooked to your liking €10.50**  
served with rice & potatoes & sautéed vegetables or chips & salad

**Fillet steak cooked to your liking €12.90**  
served with rice & potatoes & sautéed vegetables or chips & salad

**Succulent pork ribs €10.50**  
marinated in BBQ sauce served with rice & potatoes & sautéed vegetables or chips & salad

**Creamy sun dried tomato Chicken €9.90**  
served with rice, potatoes & sautéed vegetables

**Italian herbed bruschetta chicken €9.90**  
served on a bed of garlic spaghetti

**Authentic Italian Style homemade Meatballs & Spaghetti €9.90**

**Beef Lasagne €8.50**

**Roasted Mediterranean Vegetable Lasagne €7.90**

**Crispy Garlic Parmesan salmon €12.50**  
served with rice, potatoes & sautéed vegetables or chips & salad

**Traditional Fish & Chips served with mushy peas €8.90**

**Chicken & green bean curry €9.50**  
served with rice and naan bread

**Chili con carne €9.50**  
served with rice, nachos and sour cream

## Burgers

**Homemade 235gm burgers all served with chips & 'The Good Old Days' Tasty homemade relish**

**The Good Old Days €7.90**  
Beef burger, topped with mature cheddar cheese & streaky bacon with lettuce, tomato & red onion.

**Charlie's angels €7.90**  
beef burger topped with sautéed red bell pepper, mushrooms & onions, smothered in melted mozzarella with lettuce & tomato.

**Brady Bunch € 8.50**  
BBQ marinated pulled pork topped beef burger with lettuce, tomato & red onion

**The Thunderbird €6.90**  
breadcrumbed crispy chicken breast burger with lettuce, tomato & red onion.

**The Good life €6.90**  
vegetable bean burger with lettuce, tomato & red onion.

**It ain't half hot mum €7.90**  
chili beef burger with sautéed mushrooms, jalapeños, lettuce, tomato & red onion.

## Sides

**Crusty bread roll & butter €1.50**

**Irish soda bread & butter €2.00**

**Chips €2.00**

**Loaded Chips (cheese & bacon) €3.00**

**Salt & Pepper Spiced Chips €3.50**

**Onion rings €2.50**

## Sauces

**Pepper €1.50**

**Diane €1.50**

**Mushroom €1.50**

## Pizza

**Stone baked oven thin & crispy pizzas**

**Margarita €5.90**  
Cheese & Tomato.

**Tropical €6.90**  
Cheese, Tomato, Ham, Mushroom & Pineapple.

**The Good Old Days €8.90**  
Pulled pork, Cheese, Mushroom, Jalapeños & Red Onion

**Vegetable €7.50**  
Cheese, Mushrooms, Red & Green Bell Pepper, Onion & Sweetcorn

**Seafood €8.90**  
Mussels, Prawns, Cheese & Olives.

Extra toppings available upon request.

## Kids Menu

**Meatballs & Spaghetti €4.50**

**Margarita Pizza €4.50**

**Sausage & Chips €3.90**

**Chicken Nugget & Chips €3.90**

**Fish Goujons & Chips €3.90**

**Chicken & Green bean Curry, rice & naan bread. €4.50**

**TRY OUR DELICIOUS DESSERTS**



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